

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

CmiBSEmULINE

COURSE TITLE: PROFESSIONAL HUMAN RELATIONS I
CODE NO: MSTIOO **SEMESTER:**
PROGRAMME: MASSAGE THERAPY PROGRAM
AUTHOR: RUTH WILSON
DATE: SEPT/96 **PREVIOUS OUTLINE DATED:**

APPROVED: 
DEA **DATE**
SCHOOL OF HEALTH SCIENCES

TOTAL CREDITS: 3
PREREQUISITES: NONE
SUBSTITUTE: NURIII
LENGTH OF COURSE: 3 HOURS/WEEK **TOTAL CREDIT HOURS:** 48

PROFESSIONAL HUMAN RELATIONS I

MST100

COURSE NAME

COURSE NO.

I COURSE DESCRIPTION:

As a health care professional it is essential that one is able to relate to and communicate with others in a caring manner. This course will provide students with insight into their personal interactive style through journal writing and reflection. Interpersonal skills will be developed and practiced as they relate to the helping relationship. Group dynamics and conflict resolution will be examined and practiced at an introductory level.

II LEARNING OUTCOMES:

Upon successful completion of this course the student will be able to:

1. Develop an awareness of personal interaction style.
2. Adapt caring behaviours when interacting with others.
3. Demonstrate effective interpersonal skills with people from diverse backgrounds.
4. Explain the characteristics and development of a helping relationship.
5. Apply group process and conflict resolution theory to own and other's interactions at a beginning level.

III TOPICS:

1. **Principles of Caring**
2. Self Awareness of Interaction Style
3. Journal Writing
4. The Helping Relationship
5. Interpersonal Skills
 - Assertiveness
 - Warmth
 - Empathy
 - Listening
 - Genuineness
 - Self Disclosure
 - Specificity
 - Asking Questions
 - Expressing Opinions
6. Group Process
7. Conflict Resolution

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IV REQUIRED RESOURCES:

1. Balzor-Riley, J. (1996), Communications in Nursing (3rd ed.). Mosby.
2. Professional Human Relations I Student Resource Package for Massage Therapy, 1996.

V EVALUATION PROCESS/GRADING SYSTEM:

1. The pass mark for the course is 60%. The letter grades for this course will be assigned in accordance with those established by Sault College.
2. Students are eligible for one rewrite in this course. Please refer to Student Resource Guide for details.
3. Evaluation Methods:

Class participation and preparation	10%
Journal	15%
Paper on Caring	20%
Group Process	20%
Volunteer Report	15%
Final Exam (short answer)	<u>20%</u>
TOTAL	100%

VI SPECIAL NOTES:

Students with special needs (eg. physical limitations, learning disabilities, visual/hearing impairments) are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office.

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

VII PRIOR LEARNING ASSESSMENT/ADVANCED CREDIT:

Students who wish to apply for advanced credit in the course should consult the instructor/coordinator.

Prior Learning Assessment will also be available in this course.